

HELPING KIDS SEE THE FOREST THROUGH THE SCREENS



- SCHOOL INCURSION PROGRAMS -

A holistic health & wellbeing program for primary school kids



RECONNECT
with nature

RESTORE
the balance

EMPOWER
positive change

At Reconnect Outdoors, we create programs to help kids **reconnect** with the outdoors and **restore** the balance between nature and technology. Our programs work to **empower** primary school children to make a positive change in their own lives for a more active, healthy mind.



WE GATHER THE FACTS

on how your students interact with nature through a personalised school survey



WE PRESENT THE FACTS

the good, the not so good, and the intriguing effects of their relationship with nature



RECONNECT WITH NATURE

through group activities designed to reconnect students with each other, their surroundings and with their own emotional wellbeing.



WHO ARE WE?

Our facilitators have over 20 years combined experience in the education and outdoor adventure industries.

We're passionate about providing fun, stress free adventures for children in years 4 to 6, to build personal confidence, camaraderie and a fun-filled release from daily pressures.

WHO SHOULD RECONNECT?

- Ideal for students in years 4 to 6
- Perfect for student leadership training
- Each program is tailored to meet the desired learning outcomes of your unit of study, class survey results and aligned with the PERMA model.

Our programs work to :

- Build Leadership skills
- Create opportunities for team building and positive social interactions
- Initiate personal awareness of health and wellbeing
- Offer skills to empower personal change

But most of all, our programs are...

FUN, INTERACTIVE AND EMPOWERING!



Need an incursion for your environmental, digital technology or health and wellbeing unit?

**LET'S RECONNECT
YOUR SCHOOL**

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